

whitecoat

newsletter



GRACE KENNETT FOUNDATION

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PRESIDENT	VICE PRESIDENT	SECRETARY	TREASURER	MEDICAL SUPERINTENDENT
Mr I. Anandakumar	Dr S. Bevinson Perinbaraj	Dr Janet Sankar	Mr Richard B.Rajan	Dr (Capt.) Augustus Samuel Dodd



Dear friends,

We have entered a new financial year ending the last year on a high note.

We have overcome many challenges and we are on course on a morally and legally right path.

The chairman of the advisory group of CARA visited us. He made a comment in the meeting that GKF Mazhalai Illam is the best of all child care institutions he has visited so far. This is something special coming from an official visitor.

The annual medico legal conference in Chennai highlighted the perils in the practice of medicine today. We are coping up with all changes. Our primary focus is to provide the safest possible health care.

The Phymsofit fitness programme has taken off well. This is a part of our preventive medicine programme.

The TCVG centre is conducting a summer camp for kids. They have traditional games, story telling, mehndi application, do-it-yourself hair styling & make-up, best out of waste, dance, drama, story writing and yoga.

Cinderella's Monday sales of fashion wear and accessories also attracts a lot of people.

The Community college is introducing a 1 year Sports management course this year under Sports school.

Our website has become more informative and interactive with the new upgrade. Our app will also be updated soon.

We are creating jobs, finding a home for every child, empowering women and addressing the health care needs of the community.

Everything has been possible only because of your support. Thank you very much.

- Dr Augustus Samuel Dodd



What is new in Adoption Regulations 2017 (effective from 16.01.2017)

- Procedures related to adoption by relatives both within the country and abroad have been defined in the Regulations.
- Validity of Home Study Report has been increased from two to three years.
- The time period available to the domestic PAP (s) for matching and acceptance, after reserving the child referred, has been increased to twenty days from the existing fifteen days.
- District Child Protection Unit (DCPU) shall maintain a panel of professionally qualified or trained social workers.
- There are 32 Schedules annexed to the Regulations including model applications to be filed in the Court and this would considerably address delays prevalent in obtaining the Court order.
- CARA shall be facilitating all adoptions under JJ Act, 2015 through the Child Adoption Resource Information & Guidance System (CARINGS) and all kinds of adoptions, including adoptions by relatives shall be reported to CARA which would enable safeguards for all adopted children by maintaining their record and ensuring post adoption follow up. (Now available in www.cara.nic.in)



CONSENT

In health care, consent refers to the process whereby the patient and the healthcare practitioner engage in a dialogue (own simplified language) about a proposed medical treatment's nature, consequences, harms, benefits, risks and alternatives.

It improves patients' outcome with effective physician – patient communication and increased patient empowerment and preventing medical errors.

The documents a patient signs or puts a thumb impression to verify that he/she has engaged in a dialogue with a health care practitioner about a proposed medical treatment is commonly referred to as an “informed consent”.



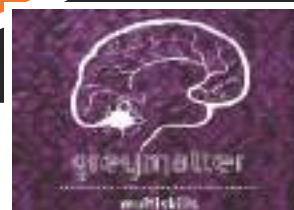
An informed consent process consists of seven elements

- | | |
|--|---|
| 1. Discussing the patient's role in the decision making process. | 5. Discussing related uncertainties |
| 2. Describing the clinical issue and suggested treatment | 6. Assessing the patient's understanding of the information provider. |
| 3. Discussing alternatives to the suggested treatment. | 7. Eliciting the patients' preference. |
| 4. Discussing risks and benefits of the suggested treatment. | |

Today the law requires that a separate informed consent is necessary for every procedure involved in the patients' management. Separate consent for surgery, anesthesia, blood transmission etc must be obtained. Parents or guardians can sign the consent for a child (18 and below). Husband or any related cannot give the consent for family planning surgery, uterus removal etc. Only the patient has to give the consent

Improved communication between practitioners and patients leads to improved patient outcomes, less medical errors and lower rates of malpractice claims - a move firmly linked to patient satisfaction.

- Dr Emmanuel



SUMMER CAMP FOR KIDS

Date : 24 April 2017 to 05 May 2017

Fee : Rs.500/- per child

Age : 8 to 15 Years

Time : 10.00am to 1.00pm

- Traditional games
- Story telling
- Mehendi application
- Do-it-yourself hair styles
- Do-it-yourself make-up
- Story Writing / My Diary / My Aim
- Dance, Drama, Yoga
- Best out of waste



Join the camp & have loads of fun!
(Grace Kennett Foundation's Greymatter Initiative)



First time in
MADURAI



at **GRACE KENNETT FOUNDATION,**
No.8, Kennett Road, Madurai - 625 016.

TABATA Training for Women



FEMALE TRAINING PROGRAMMES

- Exclusive women's tabata training
- Concept of 20 secs cardio and 10 secs rest
- Scientific fat loss programmes
- Life style and nutritional assessments
- Physio assessments
- Review every fortnight
- Zone exercise
- Special Programmes include flattening abs after delivery

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Kids Crossfit



KIDS CROSSFIT TRAINING PROGRAMMES:

- Age 8 to 13 years
- Functional training
- Focused on fun, team building, mini games
- Improves sporting abilities
- Nutritional awareness
- Expert guidance towards youth fitness
- Exclusive outdoor sports environment
- Special programmes to deal with youth obesity

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