

whitecoat *newsletter*



GRACE KENNETT FOUNDATION

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Dear Friends,

It has been a dream run. You all have made this possible and we sincerely thank you for that.

We have been very quick to adapt to changes.

From new adoption guidelines to technological updates, the transition has been rapid & smooth.

In the adoption scenario, we have emerged as a model for many to follow. We successfully conducted the first-of-its-kind Adoption Conclave supported by the state government. About 70 families participated, which included prospective adoptive parents and those with adopted children. They shared their happiness & success stories.

In health care there is a saying 'whenever possible, the diagnosis should precede treatment'. Our emergency services are managed only by qualified doctors as per Medical Council of India standards. You will be surprised to know that this is not the case in most of the hospitals. The person in white coat is likely to be an alternative medicine person who is not competent to treat you. Our qualified nurse to patient ratio is also far

ahead of the required standards. It is the people in health care & not the machines alone who can save lives. We have invested in safety. The health care staff are trained to be aware, anticipate & act in an appropriate manner to prevent accidents in health care. 'The more you sweat in peace, the less you bleed in war'. This emphasizes the need for training & preparedness.

We can be proud our work is socially relevant & makes a difference to the lives of many abandoned kids, adoptive parents and for those who need compassion & safety in health care.

We are happy to announce our new initiatives:

1. 'Tranquil' Ayurvedic point
2. 'Cindrella' Beauty Clinic
3. 'Vogue' Fashion designer &
4. 'Greymatter' Multiskills

- Continued



***** YOUR DESTINATION FOR TRANQUILLITY | BEAUTY | FASHION | BRAINS *****

This is a diversification from our regular work & we hope to make this your new destination for Beauty, Brains, Fashion & Tranquility

Thank you, once again, for being our friend & partner.

Wish you all a Merry Christmas & a Happy New Year 2016.

Stay Fit, Stay Happy!

- Dr Augustus Samuel Dodd

MEDICOLEGAL AND ETHICAL ISSUES IN CRITICAL CARE NURSING



Introduction :

Ethics have always been an integral part of nursing. Nurses at all levels/areas of practices experience a range of ethical issues during the course of their day-to-day work. Critical care has come to be associated with high-tech, aggressive and often risk-filled medical care. The critical care nurse are often confronted with ethical and legal dilemmas related to various ethical principles and it has increased dramatically since the early 1990's. Many dilemmas are byproducts of advanced medical technologies and therapies developed over the past several decades.

Legal and Ethical Issues in informed consent

Consent problems arise because patients experience acute, life threatening illnesses that interfere with their ability to make decisions on treatment / participation in clinical research. The informed consent is based on the principle of autonomy. Consent denotes voluntary agreement, permission or compliance. It implies to permission by the patient to perform an act on his/her body either for diagnosis or therapeutic procedure.

The four elements of consent are

1. Voluntariness
2. Capacity
3. Knowledge
4. Decision making

Types of consent

1. Informed consent
2. Expressed consent (Verbal written)

Points to be considered in consent

Consent must be given voluntarily. If patient is not mentally capable (Critical patients) informed consent should be obtained from surrogate or legal next of kin. It should be given by a person of sound mind and above the age of 18 years and requires the disclosure of basic information considered necessary for decision making. Patients providing consent should be free from pain and depression.

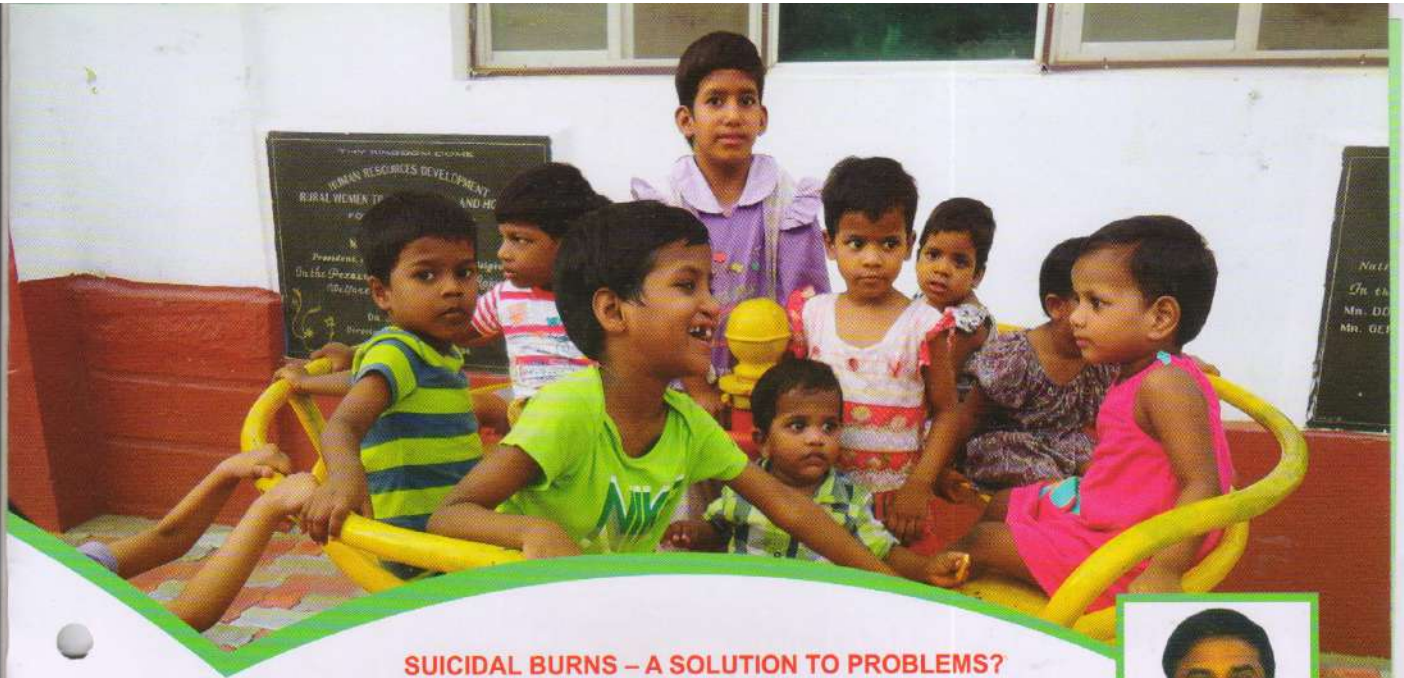
When does a consent become invalid?

Consent obtained from a minor. Consent given under fear, fraud or misrepresentation. Consent obtained from a person who is not fit. Consent obtained in a language not understood by the person. Consent obtained from a person under sedation, intoxication or semiconscious. Consent obtained without providing adequate information on the possible risks are invalid under law.

Medico legal case

Request by the patient or relatives or friends for not registering the case as medico legal should not be accepted. The Medico Legal Case (MLC) should be registered as soon as the physician suspects foul play or when the case has been brought several days after the incident. The MLC is received in hospital by any case brought by police for the purpose of examination and reporting and any case referred for expert management and advice.

- Dr S. Emmanuel



SUICIDAL BURNS – A SOLUTION TO PROBLEMS?

People think that suicide is a final solution to their problems and most of them, particularly females, turn to kerosene burns as their weapon. It is sad that suicidal thermal burns is not an end to their problems, but the beginning of a disaster.

Initially survival from the burn shock and later from septic shock is a major issue. It is followed by unbearable pain every day, sepsis, multiorgan failure and finally death.

Once the patient survives the initial blow, the patient has to undergo the pain of wound healing, various surgical procedures like escharectomy, escharotomy, skin grafting and flap cover to restore form and function.

Even then it is difficult to restore God-given form and function. People should understand this fact.

Subsequently, rehabilitation of the patient to earn their living, supporting their family and facing social stigma are other challenges.

It is high time that people gave a second thought before committing suicidal burns.

Think twice before you think - TO BE OR NOT TO BE.

- Dr K. Raja



ADOPTION MADE SIMPLER

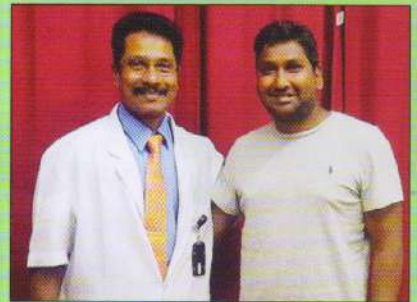
Salient Features of New Adoption Guidelines Effective From 01.08.2015



- Entire process online.
- CARINGS portal (cara.nic.in) upgraded.
- Timelines prescribed for greater efficiency
- NRIs treated at par with Resident Indians for priority
- All adoptions outside CARINGS strictly prohibited
- Taking children directly from hospitals, maternity clinics, nursing homes or other unauthorized sources is an offence.
- Mandatory registration for all Child Care Institutions (CCIs)
- Specialised Adoption Agencies (SAAs) to facilitate in-country and inter-country adoptions.
- Prospective Adoptive Parents (PAPs) can select State for adoption, Specialised Adoption Agency for Home Study Report and track their applications.

- Mr V. Pandi

PHOTO GALLERY



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