

whitecoat newsletter



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Smiling Shine and Child Development

At each stage of development, the child is learning in several areas at the same time. A toddler is learning to walk (physical), learning colours (intellectual), is uncomfortable with strangers (social), expressing feelings of independence (emotional) and becoming aware of adult disapproval for misbehaviour (moral).

There are five areas of human development :

Physical development : the changes in size, shape and physical maturity of the body, including physical abilities and coordination.

Intellectual development : the learning and use of language; the ability to reason, problem-solve and organize ideas; it is related to the physical growth of the brain.

Social development : the process of gaining the knowledge and skills needed to interact successfully with others.

Emotional development : feelings and emotional responses to events; changes in understanding one's own feelings and appropriate forms of expressing them.



Moral development : the growing understanding of right and wrong and the change in behaviour caused by that understanding; sometimes called a conscience.

Birth to Eighteen Months :

The focus is on developing trust. The accomplishment of this is highly dependent on the parents or other caregivers providing care (things like warmth, food, hugging, stimulation).

The child's self-concept as a lovable and worthwhile person has its roots in this age period. Since trust is a major building block for all relationships, every area of development (physical, intellectual, social, emotional and moral) is likely to be affected by the events of this stage.



Eighteen Months to Three Years

The child's task is to establish a distinct self. The primary needs are increased control over feeding and toilet habits, without experiencing rejection or harm from too much independence.

The child begins to learn about limits (The use of objects, stairs, etc). Child gets angry easily; likes to assert himself / herself and his/her favourite word is "NO!" This period is connected to physical growth, especially the capacity to walk, run, climb and control elimination.

Three to Seven Years

The child's major task is to develop a sense of reality that is distinct from fantasy.

Smiling Shine playground is yet another add on to our holistic health approach as we look beyond the physical body and address the emotional, social and intellectual health of our children.



Empowering Education for Nurses

CPD (Continuous Professional Development) It introduces the values and objectives of the organization so that the staff feel like a part of the team as quickly as possible. It also imparts essential safety and risk management information, provides core mandatory training and gives nurses the practical information they will need to begin their newjobs.

Continuous Professional Development

This includes the fostering of searching skills, clinical performance monitoring, motivational factors, participation in the design and implementation and problem-solving approach.

Oxygen Therapy Unit

Take a moment and consider our planet without oxygen. Imagine the earth some 2.5 billion years ago when oxygen first appeared as a waste product of early anaerobes. Oxygen, as we know it today, is essential for life. Abundant and relatively inexpensive to manufacture, yet there was a terrible humanitarian crisis due to lack of oxygen supplies. It comes as a huge relief that we have got our own production unit that will not only make us self sufficient, but also give us the ability to support others.



Gifts-Upshop

Upshop is one of the resource mobilization efforts to support our Mazhalai Illam children.

Upcycling, also known as creative reuse, is the process of transforming by-products, waste materials, much used or damaged products into new materials or products perceived to be of greater quality, such as artistic value or environmental value.

Recycling breaks products down into their raw materials to be made into totally new things. Upcycling creatively repurposes old materials, while maintaining some of their original characteristics.



Diet online - Eatery GKF

Eatery GKF is our production and sales unit of Hospital diet, Food and Beverages. The process in food preparation is one of the safest - from the procurement of raw materials to storage and distribution. Our Eatery produces a great variety of cost effectively priced safe and sumptuous diets. Now special hospital diets are available online.



Burns Centre and Skin Bank

One of the important factors in Burns is metabolic response to trauma. The trimodal pattern of death seen in poly trauma is prominently seen in Burns. If they survive 3 weeks, they are very likely to survive. The third peak of death is the 3rd week.



The three significant and measurable results of early skin cover are

1. Reduction of pain
2. Reduction of morbidity
3. Reduction of mortality.



The availability of skin from the skin bank has an anticipated 50% reduction in pain score, 30% reduction in mortality and 30% reduction in morbidity. The one significant factor in making the difference shall be the availability of temporary skin cover from the skin bank. Paediatrics burns patients will benefit the most.

The butterfly is one symbol most associated with The Gift of Life; organ donation. Here you see an orange butterfly with a broken wing repaired. The yellow area denotes the gift of life - the donated skin.

PHOTO GALLERY









